

IN THE SPECIFICATION

Please replace the paragraph 0058 (beginning at page 10, line 6) with:

The method described herein permits to achieve ~~provides~~ an optimistic perspective of one's life by retrieving and reviewing significant achievements previously input into a data base whereby ~~and therefore~~ negative aspects of ~~his~~ one's life are deemphasized. In order to obtain an optimistic perspective one one's life, in accordance with the present invention, information regarding the individual has to be initially compiled and classified into several categories.